



2021 ADEA Allied Dental Program Directors' Conference
June 5–7, 2021
Virtual
Meeting Agenda

Success Through Wellness

Saturday, June 5 (all times are Eastern Time)

11:00 – 11:30 a.m.	Welcome and Introductions
	Speakers Danielle Rulli RDH, M.S., D.H.Sc. Chair, ADEA Council of Allied Dental Program Directors (ADEA CADPD)
	Karen West, D.M.D., M.P.H. ADEA President and CEO
	Keith Mays, D.D.S., M.S., Ph.D. Chair of the ADEA Board of Directors
11:30 a.m. – 12:30 p.m.	Council Business Meeting
12:30 – 1:00 p.m.	Lunch Break
1:00 – 3:00 p.m.	PechaKucha—Achieving Success While Striving for Wellness in the Midst of a Pandemic
	Facilitators:
	Ann Bruhn, RDH, M.S. Jessica Suedbeck, RDH, M.S.
	Amy Coplen, RDH, EPDH, M.S.
	Rachel Kearney, RDH, M.S.
	Brian Partido, RDH, CDA, M.S.D.H., Ph.D.(c)
	Topics: Effective Clinical Grading Through Virtual Faculty Calibration Methods
	Supporting Faculty who are Also Parents During the Pandemic
	Creating an Inclusive Learning Environment
	Achieving Student Success and Wellness Using Trauma Informed Positive Education

Tammy Swecker, RDH, M.Ed.

Creating a Virtual OSCE to Engage Students during a Pandemic

Using a PechaKucha format, facilitators present a brief synopsis of their best practices resulting from interruption of education. Immediately following the presentations, attendees participate in several small group facilitated discussions on the issues.

Learning Objectives

Upon completion of this session, the participant will be able to:

- Identify issues affecting successful administration of allied dental programs.
- Discuss management strategies for commonly occurring issues in allied dental program administration.

CE Credits: 2.0

3:00 – 3:15 p.m.

Break

3:15 – 4:15 p.m.

Wired to Connect: Belongingness as a Pathway to Diversity and Inclusion

Speaker

Sonya G. Smith, Ed.D., J.D.
ADEA Chief Diversity Officer

This session will explore new ways of approaching diversity and inclusion. Participants will learn how to use relevant portions of ADEA's new *Faculty Diversity Toolkit*. A brief anonymous pre-test will be sent to participants to complete prior to the conference, along with a short article to read.

Learning Objectives

Upon completion of this session, the participant will be able to:

- Identify how stress, depression, and burnout are associated with diversity, inclusion, belongingness and well-being.
- Explore the neuroscience of inclusion and belongingness and the impact of exclusion, especially on diverse and marginalized faculty, students, staff and patients.
- Examine why belongingness and inclusion are important to self and others within the workplace and academic environment.
- Discuss best practices for fostering belongingness and supporting diversity and inclusion in allied dental programs.

CE Credits: 1.0 (Not recorded. Only available during the conference.)

4:30 – 6:00 p.m.

Hu-Friedy Networking Event

Sunday, June 6 (all times are Eastern Time)

11:00 a.m. – noon

Strategic Architecture: Building Diversity, Equity, Inclusion and Belongingness in Allied Dental Programs

Speaker

Tita Gray, Ed.D.

Senior Vice President for Access, Diversity and Inclusion

This session is a continuation of Saturday's session on diversity and inclusion. Participants will review the [ADEA Checklist to Promote Diversity, Equity and Inclusion](#) (ADEA DEI Checklist) and discuss best practices to implement at their institutions.

Learning Objectives

Upon completion of this session, the participant will be able to:

- Review the ADEA DEI Checklist and determine strategic areas for campus improvement.
- Discuss the ADEA DEI Checklist focus areas, corresponding activities and best practices for potential campus implementation.
- Identify one ADEA DEI Checklist focus area and an associated best practice to build upon and explore on their campus.

(Note: Participants will be asked to review the seven strategies in the [ADEA DEI Checklist](#) in advance and, prior to June 5, submit two areas they would like to explore and work on to improve DEI on their campuses.)

CE Credits: 1.0 (Not recorded. Only available during the conference.)

Noon – 12:30 p.m.

Lunch Break

12:30 – 1:30 p.m.

Building Resiliency: Strategies for Sustainable Self-Care in Tough Times and Beyond

Speaker

Cameron L. Randall, Ph.D.

Leaders in dental education have experienced sustained extraordinary stress for more than a year. The COVID-19 pandemic, racial reckoning, and political discord and unrest—and their impacts—represent remarkable challenges. The universal disruption of our professional and personal lives has been especially difficult for leaders, who have had to take on increasing responsibilities and make frequent difficult decisions while supporting those they lead and other stakeholders. This session will focus on building resilience, the ability to rebound quickly from challenges and minimize their emotional toll. Attendees will learn psychologically informed principles and evidence-based practical skills for sustainable stress management and self-care. In this way, attendees

will build capacity for managing ongoing stressors as well as new ones that may emerge so they can lead with resilience.

Learning Objectives

Upon completion of this session, the participant will be able to:

1. Assess the impact of stress and distinguish between acute and chronic stressors and their effects.
2. Describe evidence-based strategies for coping with stressors and building resilience.
3. Apply principles for sustaining the use of stress management and self-care practices over time to maintain resilience.

CE Credits: 1.0

1:30 – 1:45 p.m.

Break

1:45 – 3:00 p.m.

Poster Presentations

Learning Objectives

Upon completion of this session, the participant will be able to:

- Discuss the latest trends and technology in allied dental education
- Describe various methods of creative online education.

CE Credits: 1.25

3:30 – 4:30 p.m.

Building a Healthy Dental Education Pipeline Makes for a Healthy Community

(Brought to you by ADEA DHCAS®, with support by Liaison International)

Speaker: Dr. Nancy Zimpher, Ph.D.

Chancellor Emeritus, State University of New York

Senior Fellow, National Association of System Heads

This presentation focuses on building a cradle to career pipeline for dental education that simultaneously builds a healthy dental community. Using a collective impact approach, how do we as a profession engage key community stakeholders to help us recruit, educate, place and retain our graduates? And then, equally important, how do our graduates contribute directly to better access across the healthcare spectrum, with a particular focus on underserved communities both rural and urban?

Monday, June 7 (all times are Eastern Time)

11:00 – 11:30 a.m.

Using the ADEA Allied Dental Program Directors' Survey to Your Advantage

Speaker

Danielle Rulli, RDH, M.S., D.H.Sc.

The biennial ADEA Allied Dental Program Directors' Survey collects aggregated data on faculty vacancies, hiring, salaries and demographics. This session will explore how program directors can use the data from this survey to assess trends in allied dental education, benchmark their program against national practices and plan better for the future.

Learning Objectives

Upon completion of this session, the participant will be able to:

- Find the ADEA Allied Dental Program Directors' Survey and Trends Report on the ADEA website.
- Describe ways in which the survey data can be used to promote their program at their institution.

CE Credits: 0.5

11:30 – 12:30 p.m.

Managing Your Emotions and Actions Under Stress

Speaker

Jennifer Lachman, M.S.

Principal, Lachman Consulting

We've all been there before. Everything is going fine at work when suddenly—*boom!*—something happens (or someone says something) that touches a nerve and catapults us into a highly emotional reaction. When we're in this triggered state, our capacity to think clearly and act effectively is severely impaired. As leaders, it's essential that we learn how to manage our triggers and respond rather than react under stress. At this session, participants will learn how to shift out of reaction mode into a more resilient state and make conscious choices about how to respond and act.

Learning Objectives

Upon completion of this session, the participant will be able to:

- Explain the linkage between emotional agility, effective stress management and leadership effectiveness.
- Execute a response effectively as a leader when faced with high-stress, high-emotion situations.
- Identify and practice the techniques that will best support you to shift out of a reactive state and respond effectively as a leader.

CE Credits: 1.0

12:30 – 1:00 p.m. Lunch Break

1:00 – 2:00 p.m. Office Yoga

Speaker: Jennifer Lachman, M.S.
Principal, Lachman Consulting

Our ability to perform well at work is highly dependent on our ability to sustain and manage our energy over time. Regular exercise and movement have been proven to improve workers' ability to make complex decisions, build better rapport with coworkers and find enjoyment at work. At this session, participants will practice a sequence of yoga poses and stretches, quiet meditation and breath work that can easily be performed back at the office. This practice will clear the mind, boost energy, relieve stress and reduce aches and pains common with office work. Participants will also learn tips for how to bring this simple practice back to their teams.

Learning Objectives

Upon completion of this session, the participant will be able to:

- Explain the benefits that movement, meditation and breathing bring to leadership effectiveness and fulfillment.
- Demonstrate the practice of a sequence of yoga poses and stretches, quiet meditation and breath work that can easily be performed back at the office.
- Discuss practical tips for incorporating simple movement and meditation practices in your work and teams.

CE Credits: 1.0

Adjournment Thank you for attending. Please remember to complete your virtual conference evaluation when you receive it via email.

The following is a presentation by CODA and is not part of the ADEA 2021 ADPDC

2:30 – 4:00 p.m. CODA Presentation (pre-recorded) with Q/A

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